



# 12 MONTH CHECK-UP

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Head Circumference: \_\_\_\_\_

Hemoglobin: \_\_\_\_\_

Next Check-up: 15 months of age



## Lead testing has been done.

You will receive a call in 1-2 weeks with results.

## Immunizations Due

Your child is ready for their immunizations. These include:

- MMR (Measles, Mumps, Rubella)
- Varicella (Chickenpox)
- Hep A (Hepatitis A)
- Flu (Influenza)

### Acetaminophen (Tylenol or another brand) Dosing Chart

Give every 4 to 6 hours, as needed, no more than 5 times in 24 hours (unless directed to do otherwise by your healthcare provider). Do not administer children's chewable products to children under 2-3 years.

Child's weight	Infants' or children's liquid (160 mg in each 5 mL)	Children's chewable (160 mg)	Adult tablets (250 mg)
6-11 lbs (2.7-5 kg)	1.25 mL		
12-17 lbs (5.5-7.7 kg)	2.5 mL		
18-23 lbs (8.2-10.5 kg)	3.75 mL		
24-35 lbs (10.9-15.9 kg)	5 mL	1 tablet	
36-47 lbs (16.4-21.4 kg)	7.5 mL	1 1/2 tablets	
48-59 lbs (21.8-26.8 kg)	10 mL	2 tablets	
60-71 lbs (27.3-32.3 kg)	12.5 mL	2 1/2 tablets	
72-95 lbs (32.7-43.2 kg)	15 mL	3 tablets	
95 + lbs (74.3 kg)			2 tablets

### Ibuprofen (Advil, Motrin, or other brand) Dosing Chart

Give every 6 to 8 hours, as needed, no more than 4 times in 24 hours (unless directed to do otherwise by your healthcare provider). Do not administer children's chewable products to children under 2-3 years.

Child's weight	Infants' Drops (50 mg in each 1.25 mL)	Children's Liquid (100 mg in each 5 mL)	Children's chewable or junior tablets (100 mg)	Adult tablets (200 mg)
Less than 11 lbs (5 kg)	No Ibuprofen until 6 months of age			
12-17 lbs (5.5-7.7 kg)	1.25 mL	2.75 mL		
18-23 lbs (8.2-10.5 kg)	1.875 mL	4 mL		
24-35 lbs (10.9-15.9 kg)		5 mL	1 tablet	
36-47 lbs (16.4-21.4 kg)		7.5 mL	1 1/2 tablets	
48-59 lbs (21.8-26.8 kg)		10 mL	2 tablets	
60-71 lbs (27.3-32.3 kg)		12.5 mL	2 1/2 tablets	
72-95 lbs (32.7-43.2 kg)		15 mL	3 tablets	
95 + lbs (74.3 kg)				2 tablets