



KANIKSU
COMMUNITY HEALTH



www.kchnorthidaho.org

COMMIT TO BE FIT

Kaniksu Community Health has teamed up with 7B Fitness and Mikes Gym to offer \$10 off your monthly gym membership. Patients must have a written doctors approval to join.



Exercise Approval Form

Patient Name: _____

DOB: _____ Date: _____

Providers Name: _____

Providers Signature: _____

Notes / Comments:

This prescription is good for one year from the date of initial sign up at the gym.

KCH Staff: Please scan a copy of this form and send to ap@kchni.org